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Phosphorylation of RhoA as a Regulator of Signal Transduction

Rho family GTPases are key regulators in a wide range of physiological processes, including cell motility, cell division, and neuronal development¹. Rho activity is regulated temporally and spatially by a variety of direct post-translational modifications (PTMs) that include prenylation, ubiquitination, oxidation, nitrosylation, and phosphorylation (Fig. 1). This newsletter focuses on control of RhoA function through phosphorylation. RhoA is a target for a growing number of kinases and as such, phosphorylation is emerging as a central theme in the regulation of this family of proteins².

Mechanism of RhoA phosphorylation at Serine 188

Several kinases phosphorylate RhoA under both *in vitro* and *in vivo* conditions (Table 1). The main focus has been on PKA and PKG which phosphorylate RhoA on serine 188. There are also reports of other kinases such as SKL (Ste20-related kinase) and AMPKalpha1 (AMP-activated protein kinase subunit alpha 1) modifying RhoA (Table 1).

Early *in vitro* work by Lang et al.³ demonstrated that serine 188 phosphorylation by PKA deactivated RhoA. Their data supported a mechanism whereby membrane-bound RhoA-GTP is phosphorylated by PKA and the resulting membrane-bound phospho-RhoA-GTP is a substrate for Rho GDI (guanine nucleotide dissociation inhibitor) which mediates RhoA-GTP translocation to the cytosol³. This contrasts with the classical model of Rho membrane cycling in which the inactive Rho-GDP is the substrate for GDI-mediated translocation to the cytosol¹. Therefore, it appears that phosphorylation provides a mechanism to inactivate Rho-GTP through disengagement from its site of action at the membrane.

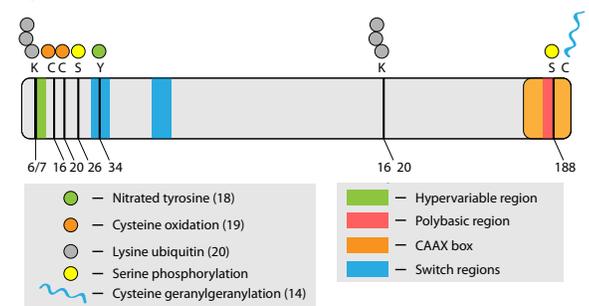
The *in vitro* work is supported by *in vivo* data using transfected phosphomimetic RhoA constructs. In this system, the longstanding observation that RhoA activity is reduced in the first 15-30 minutes after plating NIH 3T3 cells onto fibronectin surfaces correlated with increased phosphorylation of RhoA at serine 188⁴. This correlation also agrees with reports that PKA levels are elevated during cell spreading⁵. Furthermore, it was shown that the PKA-mediated stress fiber collapse in 3T3 cells was completely inhibited in cells expressing the non-phosphorylatable mutant RhoA-S188A⁴. Similarly, stress fiber dissolution induced by constitutively active PKG in 3T3 cells was blocked in cells expressing RhoA-S188A⁶. These studies demonstrate that RhoA is phosphorylated *in vivo* by PKA and PKG. Interestingly, it has been demonstrated in vascular smooth muscle

Table 1. Proposed RhoA Kinases

Kinase	Modified RhoA aa	Effect	Ref
PKA	Ser188	Turns off RhoA-GTP through removal from membrane to cytosol by a mechanism thought to involve Rho GDI	3,4
PKA	Ser188	Protects RhoA, particularly active RhoA from ubiquitin-mediated degradation	7
PKG	Ser188	Enhances RhoA translocation from the membrane to the cytoplasm and increases cytoplasmic RhoA levels	6
PKG	Ser188	Vasodilator action of nitric oxide	16
AMPK alpha 1	Ser188	Vasoprotective effect of estradiol	12
Mst3	Ser26	Reduces RhoA activity, allowing radial neuronal migration in developing brain	17

aa, amino acid; Ser, Serine

Figure 1. Post-translational Modifications of RhoA



cells that RhoA serine 188 phosphorylation protects cytoplasmic phospho-RhoA-GTP from ubiquitin-mediated degradation by forming a complex with Rho GDI⁷. In support of this observation, stimulation of endogenous PKG activity in vascular smooth muscle leads to accumulation of RhoA-GTP in the cytoplasm⁷.

Thus, by directing the translocation and accumulation of active RhoA away from its site of action at the membrane, phosphorylation appears to be an alternate mechanism to the classical GTPase cycle for directly regulating RhoA. It has been suggested that a dephosphorylation event might allow the release of the cytoplasmic pool of RhoA-GTP from Rho GDI, followed by translocation back to



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the membrane for effector interaction and signal transduction³. A formal proof of this hypothesis has yet to be demonstrated. However, the increased affinity of phospho-Rho-GTP for Rho GDI can lead to activation of Rac1 in vascular smooth muscle cells⁶. This is in agreement with previously published work that demonstrates balanced regulation of Rho family proteins through sequestration of a limited Rho GDI pool⁹.

Physiological consequences of RhoA phosphorylation

The dramatic collapse of actin stress fibers in tissue culture cells upon induction of RhoA phosphorylation and the rescue of this phenotype by non-phosphorylatable mutants clearly demonstrates the potential of this PTM to play a significant role in the physiological regulation of RhoA. In this regard, overactivation of the RhoA/ROCK pathway is a known factor in vascular disorders such as pulmonary hypertension¹⁰. Deactivation of RhoA through serine 188 phosphorylation may represent an additional therapeutic approach to combat this group of diseases¹¹. In this regard, estrogen, a known hypertension suppressor and vasoprotector, causes RhoA serine 188 phosphorylation through activation of AMPKalpha1 kinase¹². Phosphorylation of serine 188 in RhoA has also been proposed to regulate the physiological response of cytotoxic T cells to cAMP, resulting in a block of cytolytic function. The mechanism is thought to involve altered affinity of adhesion molecules through cytoskeletal rearrangements in response to phosphorylation of RhoA by cAMP-induced PKA. This could explain the ability of cytotoxic T cells to cycle from one target to another³. In yet another example, RhoA serine 188 phosphorylation has been linked to the development of a neuroendocrine-like phenotype during androgen ablation therapy in prostate cancer. As this phenotype is associated with poor prognosis, it has been suggested that pharmacological intervention in this pathway may be a useful addition to prostate cancer therapy¹³.

Conclusion and future directions

There are a growing number of kinases associated with RhoA regulation. Moreover, there is a growing number of PTMs that have been demonstrated to directly regulate this protein and other members of the Rho family. As Rho proteins play such a key role in many disease states, RhoA PTMs are of great therapeutic interest¹⁴. In basic research, RhoA activity is most commonly followed by quantitating the relative increase in active GTP-bound RhoA in a cell or tissue by utilizing a variety of so-called Rho activation assays¹⁵ (<http://www.cytoskeleton.com/activationassayvideo>). It is becoming clear that Rho PTMs represent important additional direct regulatory mechanisms for this class of protein; further elucidation of how these mechanisms integrate and crosstalk should provide great insight into Rho family regulation in health and disease.

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